



# Mental Performance Coaching PRICE LIST

## One on One Coaching

First Consultation	Free
30 minute Session	\$30.00
60 minute Session	\$50.00
Game Day Presence: <i>In-Person</i>	Negotiated

## Team Seminars: High School

Single Session Booking	\$350.00
<b>Season:</b> <i>12 weeks, 1 session weekly</i>	Based Off Team Size
10-20 Athletes	\$3500.00
21-35 Athletes	\$4000.00
36-70 Athletes	\$5000.00
70+ Athletes	\$6000.00

## Team Seminars: College

Single Session Booking	\$750.00
<b>Season:</b> <i>14 weeks, 1 session weekly</i>	Based Off Team Size
10-20 Athletes	\$7000.00
21-35 Athletes	\$8000.00
36-70 Athletes	\$9000.00
70+ Athletes	\$10,000.00

## Travel Costs:

*Not Included in Prices Above*

Gas	70 cents per mile
Hotel	<i>Based Off Location</i>
Flight	<i>Based Off Location</i>

EGO Performance LLC

Address: 26 Mar Vista Dr. Pocatello, ID 83204 · Phone: (509) 879-1911